

# SUNRISE SPRING NEWSLETTER

[sunrise.org.uk](http://sunrise.org.uk)

January 2026

Happy New Year to all of you. We wish you a happy 2026. We hope you had a restful break and opportunities to spend time with family and friends. A special welcome to the families who joined Sunrise at the end of last term or in early January

We are flexible with regard to arriving at Sunrise, anytime between 8.30 am- 9.30 am is fine, but from 9.30 more formal learning begins and it is best if the classroom is not disrupted. ★

## Reminders and requests

- Could we ask you to phone us if your child is unable to attend nursery. It is part of our safeguarding policy and it is helpful for Saba our cook to have attendance numbers.
- If any changes such as phone number, address please let us know ASAP.

Please do not leave pushchairs in the corridor. This is a hazard.

Please bring your pushchair down to the kitchen

- Please bring a piece of fruit into nursery, each day, which will be shared at snack time.

- The teacher will sign the register each day when you drop your child off, and at the end of the day when you collect your child. This is MOST IMPORTANT so that we have an accurate record of attendance at all times.

- Please provide a pair of indoor slippers, spare clothes, spare nappies, wet wipes, and hand towel.

- For the cold months, please make sure your child has proper clothes, rainproof jacket, woollen hat, boots and gloves as we go out to the park every day, rain or shine.

- We started with our monthly theme, Space, Moon and Planets and will go on to weather and water in the next two months.

- Children who are unwell should be kept at home. If a child becomes unwell during the day, the parent/carer will be contacted and they are expected to come and collect their child immediately.

(This is in line with Health Protection Agency guidelines on Infection Control in Schools and Childcare settings)

## Staff Arrangements

Sunita will be taking training on PSED in practice  
Icim is continuing doing her Level 3 in Childcare.

### Upstairs

Monday- Karmeshana, Leah, Icim

Tuesday - Leah, Karmeshana, Icim

Wednesday - Leah, Didi, Ritadevii

Thursday - Didi, Leah, Ritadevii

Friday - Leah, Ritadevii, Icim

### Downstairs

Monday - Didi Sunita Saadet

Tuesday - Saadet, Sunita, Didi

Wednesday - Saadet, Sunita

Thursday - Saadet, Sunita

Friday-Saadet, Sunita(All children together if we have fewer children)

Admin- Helene every Friday

Maimuna is supporting us for outings, playground or the park.

All have updated their Safeguarding Training and Paediatric First Aid

Didi will be away on Friday 29th January, Friday 6th February, Wednesday and  
Thursday 18th and 19th February.

Saadet will be available for any queries.

### Nursery Closure

The nursery will be closed on Friday 13th February for teacher training.

The nursery will be closed on Monday 16th and Tuesday 17th

We reopen on Wednesday 18th

We will be closed to funded children all week from Monday 12th to Friday 16th

The last day of term will be Thursday 28th March for funded children and

Thursday 2<sup>nd</sup> of April for non- funded children and by prior arrangement

### One to one Meeting

During the month of February, we will be requesting to have a one to one meeting with you to discuss your child's progress. It is very important that we have a formal meeting for the benefit of your child. The rota date will be displayed on the board of each classroom. Please sign up.

### Homeopathic Clinic

We hold a homeopathic clinic for children and adults 3 Saturdays every month. If you are interested, please contact Food For All on 0208 806 4138

## Our monthly themes for this term

January - Space, national story telling - sun, planets, moon, stars (Montessori earth/continent globe)

Encourage **LEARNING**

February - Air and light, valentine- weather, clouds, wind, experiment with light

Encourage **HONESTY**

March - Water - water sources, water uses, water travel, fun with water and water cycle

Encouragement to be **CLEAN AND TIDY**

If you have any suggestions about the monthly themes or if your child shows a particular interest when at home, please let us know.

### Tapestry

We hope you all have set up your tapestry account. We want to encourage you to login often to check your child's progress at Sunrise.

Please get in touch with your child's key person if you need help with this.

### Security

You can now enter the nursery to bring your child in but please do not allow anyone to come in with you or after you. Ask them to buzz again and the teacher can open the door for them.

Please always make sure the door is securely closed behind you when you come in and out.

### Communication

We are happy to communicate by phone (02088066279 or 07961643148), text, or email [sunriseeducationtrust@gmail.com](mailto:sunriseeducationtrust@gmail.com)

There will be two roof repairs at weekends> Our fire risk assessment and PAT testing have just been done.

## Funding

From September 2025, working families are able to apply for 30 hours funding for children from 9 months. To apply and check your eligibility for 15 hours for 2 year olds or 30 hours funding please go to <http://beststartinlife.gov.uk/>

Please remember to apply before the 31<sup>st</sup> of March to get your eligibility code or review it (you need to do this every term)

## Springtime Story

### Elephant and Friends

A lone elephant wandered the forest looking for friends. She came across a monkey and asked, "Will you be my friend, monkey?"

"You are too big and cannot swing on trees as I do. So I cannot be your friend," said the monkey.

The elephant then came across a rabbit and asked him if she could be his friend. "You are too big to fit inside my burrow. You cannot be my friend," replied the rabbit.

Then the elephant met a frog and asked if she could be her friend. The frog said, "You are too big and heavy. You cannot jump like me. I am sorry, but you cannot be my friend."

The elephant asked a fox, and he got the same reply, that he was too big. The next day, all the animals in the forest were running in fear. The elephant stopped a bear and asked what was happening and was told that a tiger had been attacking all the animals.

The elephant wanted to save the other animals and went to the tiger and said "Please sir, leave my friends alone. Do not eat them." The tiger didn't listen and asked the elephant to mind her own business. Seeing no other way to solve the problem, the elephant kicked the tiger and scared it away.

She then went back to the others and told them what happened. On hearing how the elephant saved their lives, the animals agreed in unison, "You are just the right size to be our friend."